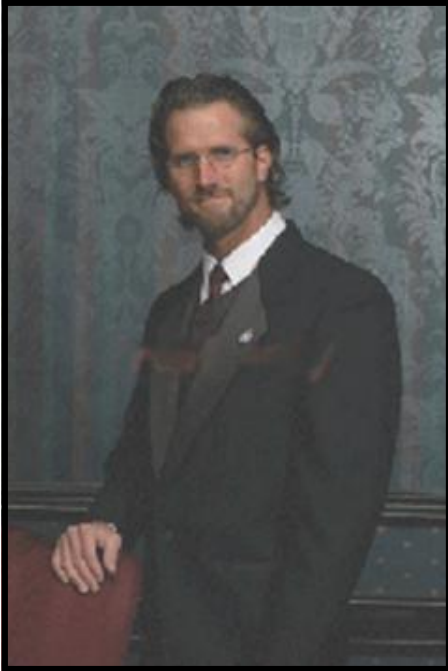


# Staff Profile: Wayne B. Baiton, W.C.(Hon.), (Sp.T.), L.C.S.P.(Phys.)



**Principal of the Regina Campus of  
Wellington College of Remedial Massage Therapies, Inc.;**  
**was born in 1964 in Regina, Saskatchewan.**

Mr. Baiton's formal achievements include, an Instructor's Level Certificate from , Chung Hua Chinese Martial Art's System, a Certificate on Remedial Massage from the Northern Institute of Massage Therapies, a Certificate on Remedial Massage from the Northern College of Physical Therapies and a Certificate on Sports Massage from the Sports Massage Training Institute.

For his devotion to Instruction and curriculum development Mr. Baiton was awarded the Wellington College Honours distinction in 1998.

Wayne's massage career was inspired by his Chinese Kung Fu Sifu (teacher). After 7 years of martial arts training, Sifu Lee challenged Wayne to "balance" his fighting skills with a "healing" art. After consulting with his massage therapist who was working on Wayne in his kickboxing training, an application and interview with Mr. Randy Ellingson, Mr. Abe Reimer and Mr. Don Bennett had Wayne on the road towards a health care career.

As a Massage Therapy student, Wayne was quietly focused and determined. Wayne first became involved with Randy Ellingson as a pupil in the Remedial Massage Therapy classes delivered from the Regina Plains Hospital in the late 80's.

Upon graduation, Wayne and his continued interest in massage and athletics lead him to work at developing curriculum for an unavailable aspect in the College's training. With much time and effort, working with colleague Ron Taylor, the Sports Therapy Program was born.

Seeing the product of their efforts and the need for changes in the existing Remedial Massage program, some of the assessment and treatment procedures were adapted and implemented in the regular program. Ron and Wayne introduced the Sports Therapy program to the first group

of students in 1993.

Wayne started his regular program instruction adventure with a classroom presentation on proprioceptive control of the Musculoskeletal system to a class of Winnipeg students in the fall of 1992. From that point he has instructed classes in Anatomy, Physiology, Biomechanics, Exercise Rehabilitation, Basic Practical, Advanced Practical and Sports Massage.

Randy and Wayne worked to provide the opportunity for past graduates and other educated individuals to take on and progress each of the classes. Wayne has turned the majority of his dedication to continued study and curriculum development in the assessment and treatment areas of Practical Application.

A credo students often hear Wayne profess is "The better you understand something.....the better you can explain it to your patient and others..."

Wayne wishes to extend deep gratitude to now colleague Dr. Ron Taylor, for providing opportunities for the Regina campus to develop strong clinical and out-reach programs with the three major health facilities in Regina and the Athletic department at the University of Regina.

The future of the college's partnership with these facilities provides students with a learning opportunity rarely found in Massage education.

Continuing to study old and current manual medicine literature helps to substantiate, create and clarify student resources.

Wayne will continue to strive to move massage into "first option" healthcare for musculo-skeletal injury and dysfunction and seek to provide continuing opportunity for intrinsically motivated students. Wayne has practiced massage on a part-time and full-time basis since 1990, and feels his experience can lend clinical lessons to students in the classroom environment.

Wayne's vision of a Wellington College graduate is to be stimulated by the experience, to have a true desire to continue learning and educate the public and to carry on the past and recent developments in our field.

Instructing allows Wayne to give opportunity to others similar to that which was given to him as a student. Wayne will admit, "As an instructor I wish to provide means to interpret information to those seeking it and to provide inspiration to those who feel overwhelmed."

"Whether a person thinks they can or they think they cannot,.....They are usually right" -H. Ford.

One of the most gratifying moments for Wayne is hearing a student explain something he has helped them to understand. Being a part of Wellington College allows Wayne to be involved with and continually exposed to people who are truly interested in learning.

In addition to Wayne's deep interest in Massage Therapy, Sports massage and Manual medicine, he feels a balanced lifestyle is critically important in maintaining a healthy and sustained positive outlook. To this end he participates in a wide variety of past times to challenge himself in ways not encountered in every day life.

Climbing, sailing, woodworking, cycling, reading, motorcycling and varied exercise activities are pursued in his time from the college.

A relaxing holiday would either be an exposed icy alpine route, sailing around Cape Horn or building another rocking chair.

He is a very fortunate person and continually happy for the opportunities and treasures which fill his life. Married to his beautiful wife Susan, they love a daughter Corisa and Granddaughter Taylor.

The most pure human emotion is that of being truly grateful.

Mr. Baiton has proven his dedication to the field of massage as he and Mr. Ellingson have worked on the development of the curriculum and programs. Mr. Ellingson saw this dedication and felt we should recognize his loyalty to the College and dedication to the field. In 2002 we offered Mr. Baiton the opportunity to take ownership of the Western College.

Together we will continue to move the field of Massage forward. The two Colleges now can focus their strengths and share joint ventures. Mr. Baiton's background in athletics will enhance the College's Sports Programs and Mr. Ellingson's strengths in rehabilitation will enhance the Colleges rehabilitative side. Together they will provide excellent educational opportunities for students.□



Wayne and his wife, Susan, climbing



Wayne sailing

**“As an instructor I wish to provide means to interpret information to those seeking it and to provide inspiration to those who feel overwhelmed.” - W.Baiton**